

Talking about mental health is not a failure



Youth Mental Health First Aid 精神健康急救(關懷青少年)課程 (Internationally Accredited Course)

Certificate
course



On completion of the course, participants will receive a Youth Mental Health First Aid certificate issued by the Mental Health Association of Hong Kong.

Please scan QR code for
Registration :



7, 14, 21, 28
March 2024 (Thur)

Time: 15:30-18:30

Venue: SMC 701, Shek Mun Campus

Language: Cantonese

Target: All SCE Students

- Preserving Life by preventing situation getting worse
- Learn about signs and symptoms of common mental health problems
- Learn how to offer help to people with mental health problem
- Learning more about mental health

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Identify. Understand. Aware